

CYCLING AND WALKING MAP

UNIVERSITY OF LEEDS

Routes and facilities for students and staff
2011



Love walking Love cycling

UTravelActive

UTravelActive is a BIG Lottery funded project to promote active travel in Leeds among students & staff at the universities and among local communities.

Velocampus Leeds, part of UTravelActive, supports cycling through the bike hub on campus, providing student bike hire along with cycling advice, skills training, maintenance facilities and expertise for all.

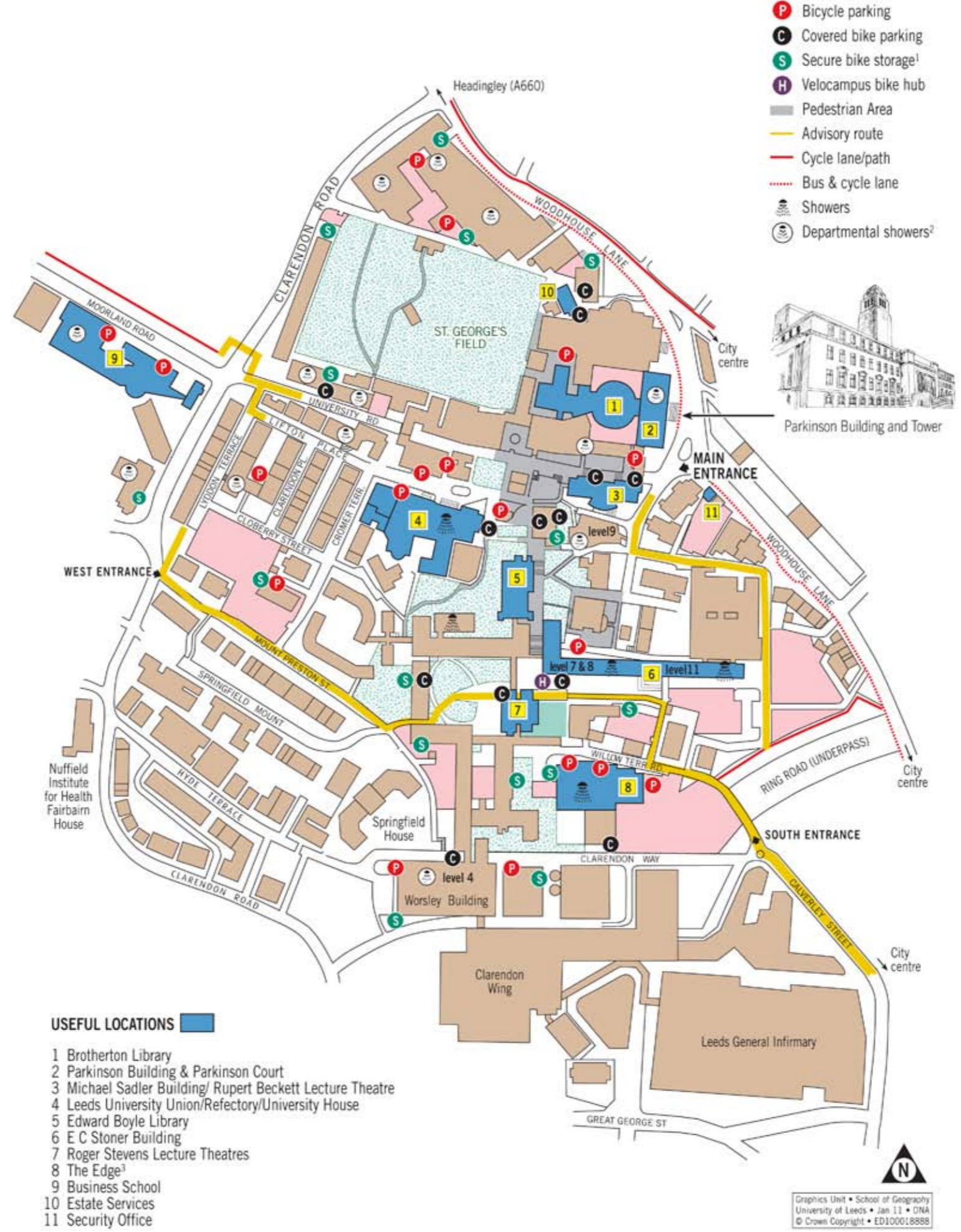
UTravelActive
www.leeds.ac.uk/utraelactive

Velocampus Leeds
www.leeds.ac.uk/velocampus

This map is produced by CycleCity Guides for University of Leeds.
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Rear cover image@istock.com

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CAMPUS CYCLING MAP



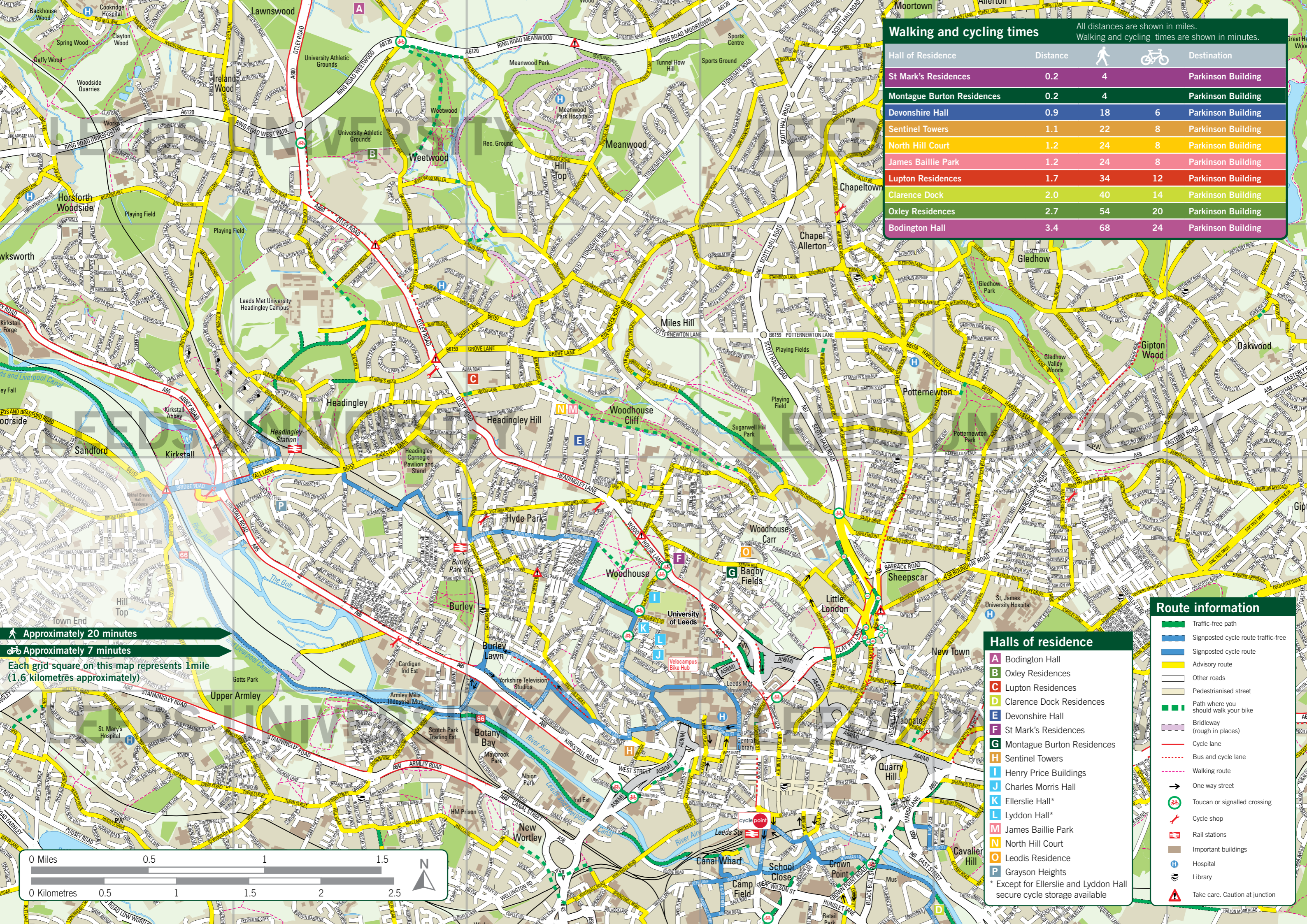
10 good reasons to walk or cycle to university

- For most city commutes, a bicycle is quickest door-to-door.
- Walking and cycling helps you to be punctual because you're not affected by traffic levels.
- Walking burns as many calories as jogging over the same distance.
- Active travel is good for your heart and lungs, is great for strengthening your muscles, bones and joints and helps to control weight.
- By walking and cycling regularly, you can greatly reduce your risk of stroke.
- Cycling is inexpensive and walking costs nothing at all!
- Walking and cycling does not produce any additional pollution - the only fuel you'll need is food!
- Active travel helps improve your mood and boosts your brain power.
- It is even more enjoyable to walk or cycle with a friend.
- Cycling allows you to carry your shopping, books etc. All you need are some panniers or a basket.

Useful contacts

- UTravelActive**
www.leeds.ac.uk/utraelactive
 - VELOCAMPUS LEEDS**
www.leeds.ac.uk/velocampus
 - Bike Hub (hire, support and maintenance)**
transport@leeds.ac.uk
0113 343 9179
 - Bike Hire**
transport@leeds.ac.uk
0113 343 7255
 - Cycle Training**
transport@leeds.ac.uk
 - Bike Budding**
transport@leeds.ac.uk
 - Cycle to work scheme**
www.leeds.ac.uk/hr/benefits/travel.htm
 - Transport Enquiries**
www.leeds.ac.uk/environmental
transport@leeds.ac.uk
 - Estates Helpdesk (report a fault)**
eshelp@leeds.ac.uk
3435555
 - Security (report bicycle damage and theft)**
security@leeds.ac.uk
3435494/5
 - Bicycle Users Group**
www.leeds.ac.uk/leedsbug
 - Environmental Coordinators**
www.leeds.ac.uk/environmental
- For more routes see the Leeds City Cycle map, available from the velocampus bike hub or from www.leeds.gov.uk

- Individual bike lockers can be hired for an annual charge of £25 by emailing transport@leeds.ac.uk.
- Usually available to staff and postgraduates. Ask your Environmental Co-ordinator where to get a key.
- The showers in the Edge are free to use before 10am, after that a charge of £1 applies to non-members.

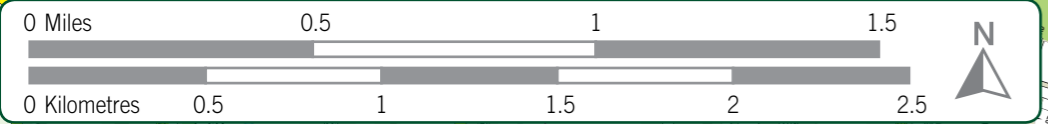


Walking and cycling times

All distances are shown in miles. Walking and cycling times are shown in minutes.

Hall of Residence	Distance	Walking	Cycling	Destination
St Mark's Residences	0.2	4		Parkinson Building
Montague Burton Residences	0.2	4		Parkinson Building
Devonshire Hall	0.9	18	6	Parkinson Building
Sentinel Towers	1.1	22	8	Parkinson Building
North Hill Court	1.2	24	8	Parkinson Building
James Baillie Park	1.2	24	8	Parkinson Building
Lupton Residences	1.7	34	12	Parkinson Building
Clarence Dock	2.0	40	14	Parkinson Building
Oxley Residences	2.7	54	20	Parkinson Building
Bodington Hall	3.4	68	24	Parkinson Building

Approximately 20 minutes
 Approximately 7 minutes
 Each grid square on this map represents 1 mile (1.6 kilometres approximately)



Route information

- Traffic-free path
- Signposted cycle route traffic-free
- Signposted cycle route
- Advisory route
- Other roads
- Pedestrianised street
- Path where you should walk your bike
- Bridleway (rough in places)
- Cycle lane
- Bus and cycle lane
- Walking route
- One way street
- Toucan or signalled crossing
- Cycle shop
- Rail stations
- Important buildings
- Hospital
- Library
- Take care. Caution at junction

Halls of residence

- A** Bodington Hall
- B** Oxley Residences
- C** Lupton Residences
- D** Clarence Dock Residences
- E** Devonshire Hall
- F** St Mark's Residences
- G** Montague Burton Residences
- H** Sentinel Towers
- I** Henry Price Buildings
- J** Charles Morris Hall
- K** Eilersie Hall*
- L** Lyddon Hall*
- M** James Baillie Park
- N** North Hill Court
- O** Leodis Residence
- P** Grayson Heights

* Except for Eilersie and Lyddon Hall secure cycle storage available