



Parental Loss Group

If you have experienced the death of one or both of your parents (either recently or earlier in your life) and would like to meet with others who have some commonality of experience, you might consider joining this group.

The primary aim of the group is to reduce the sense of isolation which is often felt by premature loss.

Prior to the start of the group you will have an individual meeting with Liz, who will tell you some of what to expect from the group, so that an informed decision can be made as to whether the group is appropriate for you.

The group will run for 8 consecutive Wednesdays at the SCC.

25 January 2012 (2.30 – 4.00) until 17 March

Facilitator: Liz Oxley (Counsellor)

For further information or to sign up, please contact

e.oxley@leeds.ac.uk

or visit our website www.leeds.ac.uk/studentcounselling

Alternatively, complete the Self-referral form and Group sign up forms online.