## Foot Posture Index Datasheet

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### Rearfoot
- Talar head palpation
  - Transverse
- Curves above and below lateral malleoli
  - Frontal/ trans
- Inversion/eversion of the calcaneus
  - Frontal

### Forefoot
- Bulge in the region of the TNJ
  - Transverse
- Congruence of the medial longitudinal arch
  - Sagittal
- Abd/adduction of forefoot rear foot (too-many-toes)
  - Transverse

### TOTAL

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**Reference values**
- Normal = 0 to +5
- Pronated = +6 to +9, Highly pronated 10+
- Supinated = -1 to -4, Highly supinated -5 to -12

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DATA SHEETS

FPI-6

Standing foot posture

Easy quantification of foot posture

THE FOOT POSTURE INDEX

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PLEASE NOTE

These data sheets relate to the finalised version of the FPI, the six-item version or FPI-6. This is the version for which the validation process has been completed and published in Clinical Biomechanics. Previous drafts, especially those relating to the eight-item FPI should no longer be used.

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