Dear

Freedom of Information Response (Our Ref: K/20/117)

Thank you for your Freedom of Information (FOI) request dated 3 March 2020, reference K/20/117.

Your request read:

1. "What are the mental health services available at your university? Please could you list the provisions.
2. What is the total yearly income of the university and how much money is spent per academic year (for the last four years) on mental health services? Please could you provide a year by year breakdown.
3. How many students have used counselling or mental health services at university in the last four years? Please could you provide a year by year breakdown.
4. How many staff and student referrals to counselling or mental health services have there been in the last four years? Please could you provide a year by year breakdown.

Please could you provide a year by year breakdown of the information, for the last four years, up to the date of this request."

The University of Leeds holds this information. For your convenience we have responded to each of your questions in turn below.

1. What are the mental health services available at your university? Please could you list the provisions.

This information is available on the Support and Wellbeing pages of our website, and as such is exempt under section 21 of the FOI Act (information reasonably accessible to the applicant).

2. What is the total yearly income of the university and how much money is spent per academic year (for the last four years) on mental health services? Please could you provide a year by year breakdown.

Total annual income is published on our website as part of our Annual Reports. As such, this is exempt from disclosure under section 21 of the FOI Act.

Our spend student counselling/wellbeing services is set out in the table below:

<table>
<thead>
<tr>
<th></th>
<th>16/17</th>
<th>17/18</th>
<th>18/19</th>
</tr>
</thead>
<tbody>
<tr>
<td>Funding for student counselling services</td>
<td>£453,370.75</td>
<td>£493,943.66</td>
<td>£978,90.00</td>
</tr>
<tr>
<td>Mental Health Team</td>
<td>£95,090.31</td>
<td>£183,794.15</td>
<td></td>
</tr>
</tbody>
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£548,461.06 £677,737.81 £978,90.00
3. **How many students have used counselling or mental health services at university in the last four years? Please could you provide a year by year breakdown.**

   - 2015/16 – 2271 requests for counselling, 177 requests for mental health support, total 2448
   - 2016/17 - 2535 requests for counselling appointments, 208 requests for mental health support, total 2743
   - 2017/18 - 3048 requests for counselling, wellbeing and mental health appointments (plus 41 carried over from previous year, no SRF)
   - 2018/19 there were 3797 requests for counselling, mental health and wellbeing support.

4. **How many staff and student referrals to counselling or mental health services have there been in the last four years? Please could you provide a year by year breakdown.**

The University wellbeing service does not refer individuals to external third parties. While service users may be signposted to alternative facilities on a case-by-case basis, this is not a referral; the individual is under no obligation to pursue any recommendations made to them. As such, we do not hold any recorded information relevant to this part of your request.

We hope this information is helpful. If you have any questions about this email, however, please do not hesitate to contact us on foi@leeds.ac.uk

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you can request an Internal Review. Requests for Internal Review should be made in writing using the following contact information:

**Post:**
Mr D Wardle
Deputy Secretary
The University of Leeds
Leeds
LS2 9JT

**Email:** foi@leeds.ac.uk

Requests for Internal Review should be submitted within 40 working days of receiving the University’s response to your request. Further information about how the University manages Freedom of Information requests and about our complaints procedure is also available on our website (www.leeds.ac.uk).

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. Generally, the ICO cannot make a decision unless you have exhausted the review/complaints procedure provided by the University. The Information Commissioner can be contacted...
at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Kind regards

Chloe Wilkins
Freedom of Information Officer

Secretariat
University of Leeds