From: Freedom of Information  
Sent: 14 September 2020 16:05  
To:  
Subject: Freedom of Information Response (Our Ref: K/20/321)

Dear

Freedom of Information Response (Our Ref: K/20/321)

Thank you for your Freedom of Information (FOI) request dated 20 August 2020, reference K/20/321.

Your request read:

“I would be grateful if you could provide to me:
1. The number of students attending university counselling appointments, or equivalent mental health advice appointments that the university provides, each month for the last 24 months.
2. The number of students attending university counselling appointments, or equivalent mental health advice appointments that the university provides per academic year over the last five years.
3. The number of students registered with the university's disability service as having mental health issues. If you have this information broken down by month, I would like that, if not an annual/end of year breakdown is fine. If monthly, a similar breakdown of months over the last 2 years, plus an annual figure for the last five years.”

The University of Leeds holds some of this information. For your convenience, we have responded to each of your questions in turn below.

1. The number of students attending university counselling appointments, or equivalent mental health advice appointments that the university provides, each month for the last 24 months.

Due to the ongoing coronavirus pandemic, the majority of staff continue to work remotely. For information security purposes, not all information is available off-campus. As such, we currently only hold partial information in relation to this part of your request.

Please find below a table showing the number of all Counselling appointments, initial wellbeing appointments and our Daily Drop in. Excluded from these figures are ongoing Wellbeing appointments, and all Mental Health Advisors appointments.

<table>
<thead>
<tr>
<th>Month</th>
<th>Number of appointments</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 2018</td>
<td>171</td>
</tr>
<tr>
<td>October 2018</td>
<td>689</td>
</tr>
<tr>
<td>November 2018</td>
<td>605</td>
</tr>
<tr>
<td>December 2018</td>
<td>400</td>
</tr>
</tbody>
</table>
2. The number of students attending university counselling appointments, or equivalent mental health advice appointments that the university provides per academic year over the last five years.

Please find the information held by the University in the table below. Please note that the information held by the University relates to the number of requests made for support. Students may engage with the counselling service multiple times over the course of a year and as such the total number of requests for a service does not necessarily equate to the number of students who have engaged with the service.

<table>
<thead>
<tr>
<th>Year</th>
<th>Counselling requests</th>
<th>Mental Health Support requests</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013-14</td>
<td>1875</td>
<td>353</td>
<td>2228</td>
</tr>
<tr>
<td>2014-15</td>
<td>2090</td>
<td>250</td>
<td>2340</td>
</tr>
<tr>
<td>2015-16</td>
<td>2271</td>
<td>177</td>
<td>2448</td>
</tr>
<tr>
<td>2016-17</td>
<td>2535</td>
<td>208</td>
<td>2743</td>
</tr>
<tr>
<td>2017-18</td>
<td></td>
<td>3048</td>
<td></td>
</tr>
<tr>
<td>2018-19</td>
<td></td>
<td>3797</td>
<td></td>
</tr>
</tbody>
</table>

*please note that for 2017-18 onwards, we do not hold information split into counselling and mental health support, and as such can only provide a total figure.

3. The number of students registered with the university's disability service as having mental health issues. If you have this information broken down by month, I would like that, if not an annual/end of year
breakdown is fine. If monthly, a similar breakdown of months over the last 2 years, plus an annual figure for the last five years

We do not hold this information. We do not keep records of the disability type/diagnosis of students registered with us who engage with our Disability Services team. The support we provide is instead based on the needs of the student (i.e. the adjustments or actions they may benefit from), which are not necessarily dependent on the disability type/diagnosis.

We hope this information is helpful. If you have any questions about this email, however, please do not hesitate to contact us on foi@leeds.ac.uk

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you can request an Internal Review. Requests for Internal Review should be made in writing using the following contact information:

Post: Mr D Wardle
Deputy Secretary
The University of Leeds
Leeds
LS2 9JT

Email: foi@leeds.ac.uk

Requests for Internal Review should be submitted within 40 working days of receiving the University’s response to your request. Further information about how the University manages Freedom of Information requests and about our complaints procedure is also available on our website (www.leeds.ac.uk).

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. Generally, the ICO cannot make a decision unless you have exhausted the review/complaints procedure provided by the University. The Information Commissioner can be contacted at: Information Commissioner’s Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Kind regards

Chloe Wilkins
Freedom of Information Officer

Secretariat
University of Leeds