Dear

**Freedom of Information Response (Our Ref: K/20/521)**

Thank you for your Freedom of Information (FOI) request dated 16 December 2020, reference K/20/521.

Your request read:

1. “Please could you provide to following information about your University:
   o Name of the University
   o Number of students in University
2. Since the **beginning of the 2018/19 or 2019/20 academic year**, have you commissioned or used (if free) any external provision to support individuals who may be anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support? This can include work with staff/volunteers, provision delivered directly to pupils/students or universal services offered to children and young people?. Yes/No
   If Yes, please can you provide the following information about any external provision delivered since the beginning of the 2018/19 or 2019/20 academic year:
   o What is the name of the provision?
   o Who is the provider?
   o What is the focus/main issues addressed by the provision? (*E.g. Relationships Education, online safety; bullying; domestic abuse/ healthy relationships; self-esteem /resilience; mental health; trauma-informed schools; gender inequalities; SEND; anxiety and depression)
   o Who is the provision delivered to? (E.g. all staff/ all student, BME population)
   o How is the provision delivered? (E.g. group work/face to face staff training/helpline/ text line/e-learning/marketing of support services)
   o What is the annual cost of the provision?
   o If you have an ongoing contract/licence for the provision, when does this end?

We have provided the table below to record your answers.

<table>
<thead>
<tr>
<th>Name of the provision</th>
<th>Provider name</th>
<th>What is the focus/main issues addressed by the provision? (*see examples above)</th>
<th>Who is the provision delivered to? (e.g. see examples above)</th>
<th>How is the provision delivered? (See examples above)</th>
<th>Annual cost of the provision</th>
<th>Contract/licence end date</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
3. Do you have an annual budget for externally commissioned mental health provision? Yes/No
   If yes, how much is the budget?

4. Have you heard of the ‘Shout’ Service? Yes/No
   If Yes, where did you hear about it?
   a) TV advert
   b) Online advert
   c) Word of mouth
   d) Other

5. Would you be interested in hearing more from Mental Health Innovations about the ‘Shout’ Service to support your students? Yes/No
   If Yes please provide the name and email address of the lead contact”

The University of Leeds holds some information relevant to your request. For your convenience we have responded to each of your Freedom of Information requests in turn below.

Please could you provide the following information about your University:
   o Name of the University
   o Number of students in University

This information is available on our website.

Since the beginning of the 2018/19 or 2019/20 academic year, have you commissioned or used (if free) any external provision to support individuals who may be anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support? This can include work with staff/volunteers, provision delivered directly to pupils/students or universal services offered to children and young people?

Yes.

What is the name of the provision?
Who is the provider?
Together all online mental health support.
What is the focus/ are the main issues addressed by the provision? (*E.g. Relationships Education, online safety; bullying; domestic abuse/ healthy relationships; self-esteem /resilience; mental health; trauma-informed schools; gender inequalities; SEND; anxiety and depression)
See the Togetherall website

Who is the provision delivered to? (E.g. all staff/ all student, BME population)
The Togetherall service is available to all staff and students.

How is the provision delivered? (E.g. group work/face to face staff training/helpline/ text line/e-learning/marketing of support services)
Togetherall is an online service.

What is the annual cost of the provision?
£24,000

If you have an ongoing contract/licence for the provision, when does this end?
The current agreement will end at the end of the 2020/21 academic year.

Do you have an annual budget for externally commissioned mental health provision?
If yes, how much is the budget?
We do not have a specific budget for externally commissioned mental health provision.

Have you heard of the ‘Shout’ Service? If Yes, where did you hear about it?
Would you be interested in hearing more from Mental Health Innovations about the ‘Shout’ Service to support your students?

These questions do not seek recorded information and therefore cannot be processed under the terms of the Freedom of Information Act.

We hope this information is helpful. If you have any questions about this email, however, please do not hesitate to contact us on foi@leeds.ac.uk

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you can request an Internal Review. Requests for Internal Review should be made in writing using the following contact information:

Post: Mr D Wardle
Deputy Secretary
The University of Leeds
Leeds
LS2 9JT

Email: foi@leeds.ac.uk
Requests for Internal Review should be submitted within 40 working days of receiving the University’s response to your request. Further information about how the University manages Freedom of Information requests and about our complaints procedure is also available on our website (www.leeds.ac.uk).

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. Generally, the ICO cannot make a decision unless you have exhausted the review/complaints procedure provided by the University. The Information Commissioner can be contacted at: Information Commissioner’s Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Kind regards

Chloe Wilkins  
Freedom of Information Officer

Secretariat  
University of Leeds