Dear

**Freedom of Information Response (Our Ref: K/21/043)**


Your request read:

“Please can you break down the information below for the academic years (Sep-Aug) 2018/19; 2019/20; 2020/21.

How much money did your university spend over the stated academic year on mental health support for undergraduate and postgraduate students, namely university counselling services (often part of student services staffed by counsellors- interventions are typically limited to a maximum number of one to one sessions), wellbeing services (often part of student services and staffed by health and well-being advisors, or equivalent. These services often intend to deliver low-intensity guidance and support, targeting students who demonstrate low levels of mental distress, such as stress and anxiety, but who lack a clinical diagnosis. Interventions usually consist of a small number of individual sessions or group workshops), or ‘other’ types of student mental health support services (for example, but not limited to: bereavement services).

Please could you break this information down per academic year in terms of how much money (£) your university spent on: staff (for example, but not limited to: CBT therapists/mental health/wellbeing advisors/mental health first aiders/counsellor training and all their salaries); mental health nightline/helpline support services; online and digital wellbeing events/materials (online resources for students to access while off campus). Please can you provide the total university spend (£) on such mental health support services in your response, as well as the breakdown of what the money was spent on. For the academic year 2020/21, could you please tell me how much money you have already spent on such services but also how much money is projected/estimated to have been spent by the end of the academic year for such mental health support services.

This is not an exhaustive list of categories. I am sure there are more costs associated with providing mental health support for your undergraduate and postgraduate students, so please could you include any more such categories/types of mental health support in your response (with the total spend in £). Different universities categorise and term these services in various ways, so some of the labels I have used may be slightly different to the way your university defines them.”
The University of Leeds holds some of this information. We do not run a
nightline/helpline, and as such have no spend on this service. Instead, we signpost
students to the Leeds Student Nightline charity service, which is independent and
linked to the national Nightline organisation, with no associated costs.

Our student mental health budget is still in the process of being finalised. However,
we anticipate an increase in investment for 2021.

Please note that our financial year runs from August to July; all information below
reflects this.

<table>
<thead>
<tr>
<th></th>
<th>2018/19</th>
<th>2019/20</th>
<th>2020/21 spend to December 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Staffing costs</td>
<td>£755,035.14</td>
<td>£780,501.59</td>
<td>£352,514.86</td>
</tr>
<tr>
<td>Online services</td>
<td>£24,000.00</td>
<td>£24,000.00</td>
<td>£10,000.00</td>
</tr>
<tr>
<td>Other non-staffing costs</td>
<td>£86,853.47*</td>
<td>£48,388.34</td>
<td>£28,642.73</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>£865,888.61</strong></td>
<td><strong>£852,839.93</strong></td>
<td><strong>£391,157.59</strong></td>
</tr>
</tbody>
</table>

*Please note that the 2018/19 non-staff costs include an investment to utilise
additional premises for the Counselling and Wellbeing Service.

We hope this information is helpful. If you have any questions about this email,
however, please do not hesitate to contact us on foi@leeds.ac.uk

If you are unhappy with the service you have received in relation to your request and
wish to make a complaint or request a review of our decision, you can request an
Internal Review. Requests for Internal Review should be made in writing using the
following contact information:

Post: Mr D Wardle
      Deputy Secretary
      The University of Leeds
      Leeds
      LS2 9JT

Email: foi@leeds.ac.uk

Requests for Internal Review should be submitted within 40 working days of
receiving the University’s response to your request. Further information about how
the University manages Freedom of Information requests and about our complaints
procedure is also available on our website (www.leeds.ac.uk).

If you are not content with the outcome of the internal review, you have the right to
apply directly to the Information Commissioner for a decision. Generally, the ICO
cannot make a decision unless you have exhausted the review/complaints procedure
provided by the University. The Information Commissioner can be contacted
at: Information Commissioner’s Office, Wycliffe House, Water Lane, Wilmslow,
Cheshire, SK9 5AF.
Yours sincerely

Chloe Wilkins
Freedom of Information Officer
E: foi@leeds.ac.uk