Dear

Freedom of Information Response (Our Ref: K/21/075)

Thank you for your Freedom of Information (FOI) request dated 5 February 2021, reference K/21/075.

Your request read:

“• Could you please tell me if you have seen an increase in the number of students requesting mental health support between 1st September 2019 to 1st February 2020, compared to 1st September 2020 to 1st February 2021.

• Please answer yes or no. If yet, please provide a percentage.

For clarification, by mental health support, I mean requesting therapy, counselling or support with a mental health disability.”

The University of Leeds holds some of this information.

Students are able to self-refer (i.e. request support from the Counselling and Wellbeing Service) starting from the Monday of International Induction week. This date varies from year to year, but is typically around two weeks before the start of term.

In 2019/20, a total of 1959 self-referral forms were received between 16 September 2019 (self-referrals open) and 1 February 2020.

In 2020/21, a total of 1514 self-referral forms were received between 14 September 2019 (self-referrals open) and 1 February 2021.

This represents (approximately) a 23% decrease in the number of students requesting counselling, wellbeing or mental health support.

We hope this information is helpful. If you have any questions about this email, however, please do not hesitate to contact us on foi@leeds.ac.uk

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you can request an Internal Review. Requests for Internal Review should be made in writing using the following contact information:

Post: Mr D Wardle
Deputy Secretary
The University of Leeds
Leeds
LS2 9JT
Email: foi@leeds.ac.uk

Requests for Internal Review should be submitted within 40 working days of receiving the University’s response to your request. Further information about how the University manages Freedom of Information requests and about our complaints procedure is also available on our website (www.leeds.ac.uk).

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. Generally, the ICO cannot make a decision unless you have exhausted the review/complaints procedure provided by the University. The Information Commissioner can be contacted at: Information Commissioner’s Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Yours sincerely

Chloe Wilkins
Freedom of Information Officer

Secretariat
University of Leeds