Dear,

**Freedom of Information Response (Our Ref: K/21/154)**

Thank you for your Freedom of Information (FOI) request dated 26 March 2021, reference K/21/154. Please accept our sincere apologies for the delay in responding to your request.

Your request read:

“This is a request under the Freedom of Information Act 2000, regarding student mental health. Please provide me with the following:

- The number of students enrolled in and treated by the university’s counselling service in the 2019-2020 academic year.
- The number of students enrolled in and treated by the university’s counselling service in the 2020-2021 academic year so far.

The University of Leeds holds this information, which is set out in the table below.

Please note that the Student Counselling and Wellbeing service is a support service, rather than a treatment service. Any students who require a treatment-based approach would be signposted towards NHS services.

<table>
<thead>
<tr>
<th>Academic year</th>
<th>Total self-referrals received (Counselling, Wellbeing and mental health)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020/21 (to 13 July)</td>
<td>2845</td>
</tr>
<tr>
<td>2019/20</td>
<td>3116</td>
</tr>
</tbody>
</table>

We hope this information is helpful. If you have any questions about this email, however, please do not hesitate to contact us on foi@leeds.ac.uk

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you can request an Internal Review. Requests for Internal Review should be made in writing using the following contact information:

Post: Mr D Wardle  
Deputy Secretary  
The University of Leeds  
Leeds  
LS2 9JT

Email: foi@leeds.ac.uk
Requests for Internal Review should be submitted within 40 working days of receiving the University’s response to your request. Further information about how the University manages Freedom of Information requests and about our complaints procedure is also available on our website (www.leeds.ac.uk).

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. Generally, the ICO cannot make a decision unless you have exhausted the review/complaints procedure provided by the University. The Information Commissioner can be contacted at: Information Commissioner’s Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Yours sincerely

Chloe Wilkins  
Freedom of Information Officer

Secretariat  
University of Leeds